



**SOFT EASE™  
MULTI-AFO /  
HEEL SUSPENDER**  
with Soft Replaceable  
Foam Cover

**Model No: 58-240**

**Sizes: Small/Medium  
Large/X-Large**

**Color: Blue**

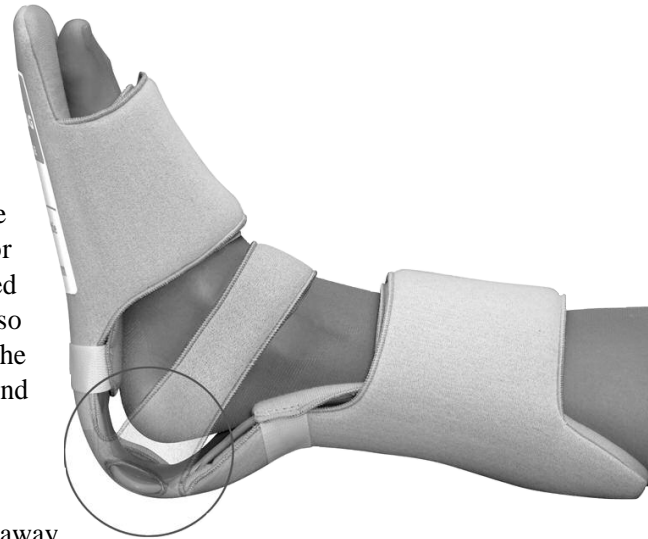
**INDICATIONS:**

- Heel Ulcer Treatment and Prevention
- Diabetic Foot Care Management
- Foot Drop
- Post Surgery
- Non-Fixed Ankle Contractures

The HealWell® Soft Ease™ Multi-AFO/Heel Suspender is designed to position the foot with the heel completely suspended, eliminating pressure and preventing ulcers. The unique shape allows the heel to float in an air cavity with absolutely no contact. This product is an economical, effective solution for heel ulcer prevention for any at-risk patient.

**BENEFITS:**

By suspending the heel, the Soft Ease promotes air circulation around the foot, aiding in treatment and healing of existing pressure ulcers. The resilient plastic shell base correctly positions the foot for treatment of foot drop and non-fixed ankle/foot contractures. It also maintains alignment of the foot with the lower leg, minimizing inversion and eversion of the foot.



**PRODUCT FEATURES:**

- Super soft material wicks moisture away to keep skin dry and reduces friction and shear
- Integrated padded toe post protects the toes from contact with bed linens to prevent skin breakdown
- Fully adjustable straps accommodate changes in edema
- Extra padding at sensitive Achilles area

**HOW TO APPLY:**

Unfasten all closures. Gently place the patient’s knee in a bent position and slide the AFO in place. While applying pressure over the instep, firmly position the foot in the AFO. Maintaining pressure over the instep, fold over the foot portion, closing with hook patch on top. Note – the soft loop exterior of the cover allows for a range of adjustability. Secure strap around the calf, closing with hook patch on top. Secure ankle strap. Check that the heel is fully suspended – there should be enough room to place two fingers under the heel. Check to ensure straps are not too tight. Re-adjust as needed.

**CARE INSTRUCTIONS:**

Unfasten all closures and remove the cover from the shell by first removing the foot portion from the integrated toe post. Fasten all closures, fold the cover and insert into the mesh laundry bag provided. Machine wash on gentle cycle or hand wash in cold water with mild soap. Rinse thoroughly. Remove from mesh laundry bag and wrap in towel to remove excess water. Do not twist or wring. Air dry away from heat. Do not bleach. Ensure cover is completely dry before reapplying. Spot clean plastic shell with a soft cloth and soap. Rinse and wipe dry.

**SIZING:**

Measure according to US shoe size.  
Fits Right or Left.

Size	Men’s Shoe	Women’s Shoe
Small/Medium	4 - 9	5 - 10
Large/X-Large	10 - 13	11+

**800-327-4110**



Website: [www.flaorthopedics.com](http://www.flaorthopedics.com)

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